

Are you interested in finding out more about your local area - the history, the people, the environment etc.
Do you enjoy easy walks? Then come along to

WALK AND TALK

6 week course

Starting Thursday 23 April 2008

10.00am - 12.00pm

Mitchell Street Centre

Mitchell Street, Dundee

EXERCISE



HEALTH TIPS

PHOTOGRAPHS

VISITS/
INFORMATION

To find out more and book a place contact:
Dorothy Potter 435827
Creche may be available if booked in advance



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